



Integrative Aesthetics Summit

August 22 - 23, 2026

Precision Aesthetics: Anatomy, Regeneration, and Real-World Practice



VIRTUAL EVENT

Sessions are located in the Agenda tab.

PALM SPRINGS, CALIFORNIA

- Sessions are located in Desert Vista AB
- Poster presentations are located in the Indian Wells Ballroom MNOP
- Meals are served in the Desert Vista AB/foyer
- Snacks and beverages are served in the exhibit hall and foyer
- Event Check-In begins at 7:00 AM PT on Saturday, August 22
- Sessions end at 5:00 PM PT on Sunday, August 23

TARGET AUDIENCE

This live symposium is designed for dermatologists, physicians, physician assistants, nurse practitioners, registered nurses, aesthetic clinicians, med spa professionals, and other healthcare providers involved in medical aesthetics, skin health, and patient-centered aesthetic care.

GOAL & PURPOSE

The annual Integrative Aesthetics Summit is designed to support clinicians and aesthetic professionals across disciplines who are advancing evidence-informed, whole-person approaches to aesthetic medicine. The program highlights emerging trends, clinical innovations, practical treatment strategies, and integrative approaches that support skin health, healthy aging, and patient outcomes.

RECORDINGS AND HANDOUTS

Available beginning on September 14, 2026

1

Visit the LearnSkin Website

Log in to your LearnSkin account. If you did not sign-up on your own, one was created for you. Use your conference registration email and enter the password, learnskin (all lowercase). Use the "Forgot Password" link in case you need to reset your password.

2

Access Recordings

Once logged in, go to the IAS recording course. Click the "Start Course" button and access the session recordings and handouts.

CLAIM CME/CE CREDITS

Earn credits for your participation at IAS 2026! Whether you joined us in person or virtually, you can access your CE/CME certificate through LearnSkin in just a few simple steps:

1

Log In to LearnSkin

Visit LearnSkin.com and log in using the email you used to register for IAS. If you don't have an account, create one for free. Use the "Forgot Password" link if needed.

[View Lectures Here](#)

2

Complete the Evaluation

Find the evaluation for your session set and click "Start Course" to begin. Each session set requires its own evaluation.

- Virtual Session
Whole-Person Foundations for Skin Health and Aesthetic Outcomes

[View Set 1 Here](#)

- Advanced Assessment, Lasers, and Multimodal Treatment Planning

[View Set 2 Here](#)

3

Download Your Certificate

Once your evaluation is complete, your CE/CME certificate will be available to download instantly and will be stored in your LearnSkin profile for future access.

Need Help?

Reach out to us at info@learnskin.com for support with login or certificate access.

DAY ONE

SATURDAY, AUGUST 22, 2026

All times are listed in PT

7:00 AM - 8:00 AM

Desert Vista AB

Registration / Welcome to IAS 2026!

👉 Jason Derico, ND & Jared Rohrer

8:00 AM - 8:30 AM

Desert Vista AB | **Non-CME**

Keynote Presentation | Defining Your Aesthetic Surgery Practice: Strategies for Clinical Excellence and Sustainable Growth

👉 Renato Saltz, MD

8:30 AM - 9:00 AM

Desert Vista AB | **Non-CME**

The Retention Revolution: Mastering the 12-Month Aesthetic Roadmap

👉 Julie Frost, APRN

9:00 AM - 9:30 AM

Desert Vista AB | **Non-CME**

The Retention Playbook: How Top Practices Turn One-Time Patients Into Lifetime Revenue

👉 Izhak Musli

9:30 AM - 10:30 AM

Indian Wells Ballroom MNOP | **Non-CME**

Exhibit Hall Break | Product Spotlight

9:45 AM - 10:00 AM

Indian Wells Ballroom MNOP | **Non-CME**

Product Spotlight brought Brumaba

10:30 AM - 11:00 AM

Desert Vista AB | **Non-CME**

The Consult Is the Catalyst: How Optimizing the Patient Journey Drives Outcomes, Retention, and Revenue

👉 Terri Ross

11:00 AM - 11:30 AM

Desert Vista AB | **Non-CME**

Rethinking Skincare: How Antioxidants Drive Skin and Systemic Health

👉 Nayan Patel, PharmD

Supported by Auro Wellness

11:30 AM - 11:45 AM

Desert Vista AB | **Non-CME**

Meeting Today's Patient Demand: Skin Tightening and Body Toning Solutions

👉 Martha Viera, MD

Supported by Sofwave

11:45 AM - 12:00 PM

Desert Vista AB | **Non-CME**

Meet UltraClear® Fiber Laser: A New Category in Total Skin Health™

👉 Francesca Lewis, MD

Supported by Acclaro

12:00 PM - 12:15 PM

Desert Vista AB | **Non-CME**

TCA Triage: 3 Levers to Rewrite the Rules & Transform the Role of Peels in Your Practice

👉 Marc Bertaud

Supported by Derma Primis

12:15 PM - 12:30 PM

Desert Vista AB | **Non-CME**

Your Billing Office Is Already Using AI... Who's Watching?

👉 John Gwin

Supported by The Auctus Group

12:30 PM - 1:00 PM

Desert Vista AB | **Non-CME**

A 24-Hour RESET Strategy for Skin Resilience Product Theater Lunch

👉 Martha Viera, MD

Supported by ISDIN

1:00 PM - 2:00 PM

Indian Wells Ballroom MNOP | **Non-CME**

Exhibit Hall Break / Product Spotlights

1:00 PM - 1:45 PM

Indian Wells Ballroom MNOP | **Non-CME**

Live Demo The Layered Care Method

👉 Lashelle Ullie, Skin Health Practitioner, CMA

DAY ONE

SATURDAY, AUGUST 22, 2026

All times are listed in PT

2:00 PM - 2:30 PM

Desert Vista AB | **Non-CME**

**Stop Overpaying Your Taxes and
Protect your Wealth**

Supported by Fortune Law Firm

2:30 PM - 3:00 PM

Desert Vista AB | **Non-CME**

**From Idea to Market: A Practical Playbook for
Launching a Product**

👉 Omer Ibrahim, MD

3:00 PM - 3:30 PM

Desert Vista AB | **Non-CME**

**Conversion Pro Navigating the Steps
of Funnel Engagement**

👉 Jared Roher

3:30 PM - 3:45 PM

Desert Vista AB | **Non-CME**

**Mastering the 4 A's of Aesthetics: A Blueprint for
Building Your Online Presence**

👉 Daniel Sugai, MD & Jackie Kim

Supported by Maelove Skincare; Sugai Academy

4:00 PM - 4:30 PM

Desert Vista AB | **Non-CME**

The Skin Is An Endocrine Organ?

👉 Apple Bodemer, MD

4:30 PM - 5:00 PM

Break

5:00 PM - 5:30 PM

Desert Vista AB | **Non-CME**

**Energy-Based Devices and Aesthetic Technologies:
How to Select, Combine, and Sequence Treatments**

👉 Johnny Franco, MD

5:30 PM - 6:00 PM

Desert Vista AB | **Non-CME**

**Building a Legacy in Aesthetic Dermatology:
Leadership, Presence, and Long-Term Impact**

👉 Yvonne Dellos, NP

8:00 PM - 10:00 PM

The Grove | **Non-CME**

Glowchella Integrative After Hours

DAY TWO

SUNDAY, AUGUST 23, 2026

All times are listed in PT

6:30 AM - 7:00 AM

Sunset Room | **Non-CME**
Fitness Session

7:00 AM - 8:00 AM

Foyer | **Non-CME**
Breakfast Meet and Greet

8:00 AM - 8:30 AM

Desert Vista AB | **CME**
The Skin Doesn't Age Alone: A Lifestyle Medicine
Approach to Aesthetic Dermatology
↳ Adriana Cruz, MD

8:00 AM - 11:00 AM

Grand Salon DE | **CME**
WORKSHOP: Dermal Fillers Deep Dive
↳ Lindsay Bright, FNP-C

8:00 AM - 11:00 AM

Gardenia AB | **Non-CME**
WORKSHOP: Advanced Bio Stimulant Injection
Techniques for Long-Term Skin and Structural
Rejuvenation
↳ Wendy Pickett, RN

8:30 AM - 9:00 AM

Desert Vista AB | **CME**
From Resistant to Radiant: A Signature Approach to
Melasma Transformation
↳ Martha Viera, MD

9:00 AM - 9:30 AM

Desert Vista AB | **CME**
Toxins and Fillers Decoded: Advanced Techniques,
Rheology, and Product Selection by Treatment Area
↳ Julie Bass Kaplan, FNP-BC

9:30 AM - 10:00 AM

Indian Wells Ballroom MNOP | **Non-CME**
Exhibit Hall Break

10:00 AM - 10:30 AM

Desert Vista AB | **CME**
The Hair Revival Protocol: Integrating Medical,
Nutritional, and Regenerative Therapies for Hair Loss
↳ Francesca Lewis, MD

10:30 AM - 11:30 AM

Desert Vista AB | **CME**
Industry Trends: Innovations in Integrative
Dermatology & Aesthetic Wellness
↳ Moderator: Sheila Farhang, MD
↳ Panelist: Jason Derico, ND & Johnny Franco, MD

11:30 AM - 12:00 PM

Desert Vista AB | **CME**
Re-Writing Skin Aging, Rejuvenation and Longevity
Aesthetics
↳ Doris Day, MD

12:00 PM - 12:30 PM

Non-CME
Break

12:30 PM - 1:00 PM

Desert Vista AB | **Non-CME**
Integrating Regenerative Aesthetics Into Your Practice
Product Theater Lunch
↳ Christie Prendergast, DO
Supported by Acorn Biolabs

1:30 PM - 2:00 PM

Desert Vista AB | **CME**
THE EVOLUTION OF AESTHETIC MEDICINE:
Moving Beyond Volume to Cellular Health &
Synergistic Stacking
↳ Wendy Pickett, RN

2:00 PM - 2:30 PM

Desert Vista AB | **CME**
Advanced Skin and Body Rejuvenation: Energy-
Based Devices, Biostimulatory Injectables, and
Non-Surgical Contouring
↳ Sheila Farhang, MD

2:30 PM - 3:00 PM

Desert Vista AB | **CME**
GLP-1 Face and Collagen Biostimulators: Restoring
Facial Structure After GLP-1 Weight Loss
↳ Kay Durairaj, MD

DAY TWO

SUNDAY, AUGUST 23, 2026

All times are listed in PT

3:00 PM - 3:30 PM

Desert Vista AB | **CME**

**Optimizing Aesthetic Outcomes: Integrative
Pre-Procedure Considerations for Best Cosmetic
Outcomes**

👉 Valerie A Stern, DMSc MPAS PA-C

3:30 PM - 4:00 PM

Desert Vista AB | **Non-CME**

**Peptide : Topical, Injectable, and Systemic Strategies
for Aesthetic Medicine and Longevity Care**

👉 Melissa Petersen, DC MS BCHH

3:30 PM - 6:30 PM

Grand Salon ABC | **Non-CME**

**Workshop: Advanced Injectables and Anatomy
Cadaver lab**

👉 Julie Bass Kaplan, FNP-BC &
Lori Robertson, MSN APRN FNP-C

3:30 PM - 6:30 PM

Gardenia AB | **CME**

**Workshop: Advanced Neurotoxin Techniques for
Precision and Natural Movement**

👉 Sheila Farhang, MD

4:00 PM - 4:30 PM

Desert Vista AB | **Non-CME**

**From Pout to Profile: Elevating Outcomes with Lower
Face Optimization**

👉 Lindsay Bright, FNP-C

4:30 PM - 5:00 PM

Desert Vista AB | **Non-CME**

Closing & Announcements

ACCREDITATION STATEMENT

In support of improving patient care, this activity has been planned and implemented by Medical Education Resources (MER) and LearnHealth. MER is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The 2026 Integrative Dermatology Symposium is pending approval for 10 credits of continuing medical education (CME) by Medical Education Resources, Inc. 6 CME credits in person and access to an additional 4 CME credits online, plus earn up to 6 additional CME credits by participating in eligible hands-on workshops.



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INTERPROFESSIONAL CONTINUING EDUCATION

PHYSICIAN CREDIT

Medical Education Resources designates this live activity for a maximum of **10 AMA PRA Category 1 Credits™**. Physicians should claim the credit commensurate with the extent of their participation in the activity

PHYSICIAN ASSISTANT CREDIT

Medical Education Resources has been authorized by the American Academy of Physician Assistants (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for **10 AAPA Category 1 CME Credits**. Physician Assistants should only claim credit commensurate with the extent of their participation.



NURSING CREDIT

Medical Education Resources designates this live activity for a maximum of 25 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity. Medical Education Resources is a provider of continuing nursing education by the California Board of Registered Nursing, Provider #CEP 12299, for **10 contact hours**.

FOR NATUROPATHIC DOCTORS

The Integrative Dermatology Symposium is pending approval for **10 General credit(s)** of continuing education credits by the American Association of Naturopathic Physicians.

DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS

Medical Education Resources ensures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies relevant financial relationships with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported relevant financial relationships are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of an ineligible company.

The faculty reported the following financial relationships with commercial interests whose products or services may be mentioned in this activity.

Name of Faculty	Reported Financial Relationship
Adriana Cruz MD	No financial relationships to disclose.
Doris Day MD PC FAAD	Consulting Fees (e.g. Advisory Board): Galderma, Allergan, Acclaro Speakers' Bureau: Galderma, Allergan, Acclaro
Francesca Lewis MD	Consulting Fees (e.g. Advisory Board): Galderma, Allergan, Acclaro Speakers' Bureau: Galderma, Allergan, Acclaro
Johnny Franco MD	Consulting Fees (e.g. Advisory Board): Renuvion, Sofwave, Alastin, Allergan, Tiger Biomedical, Galderma, Symplast, Inmode, Revance, Co2 Honorarium: Renuvion, Sofwave, Alastin, Allergan, Tiger Biomedical, Galderma, Symplast, Inmode, Revance, Co2 Speakers' Bureau: Renuvion, Sofwave, Alastin, Allergan, Tiger Biomedical, Galderma, Symplast, Inmode, Revance, Co2
Julie Bass Kaplan FNP-BC	Consulting Fees (e.g. Advisory Board): Allergan Aesthetics Honorarium: Allergan Aesthetics Speakers' Bureau: Allergan Aesthetics
Julie Woodward MD	Employee / Owner / Contract: Allergan, Galderma, Merz, Prolenium, TruElastin, Lynch Aesthetics, SkinCeuticals
Kay Durairaj MD	Consulting Fees (e.g. Advisory Board): Amspa, Allergan, Evolus, Informa, Merz, Galderma, Revanesse, Prolenium Grants/Research Support: Merz, Perfect Corp., Revanesse, Revian, KeraFactor, MitraBio, Rapalogix Honorarium: Amspa, Allergan, Evolus, Informa, Merz, Galderma, Revanesse, Prolenium, Toskani Ownership Interest / Stock Holder: Rapalogix Speakers' Bureau: Merz, Galderma, Revanesse, Prolenium, Evolus, Allergan, Informa, Toskani, DermaPen

Lesley Clark-Loeser MD Consulting Fees (e.g. Advisory Board): AnteAge, Neova, Revance, SkinBetter, Primus, Sensus Grants/Research Support: Acclaro,BTL Honorarium: Acclaro, Alastin, AnteAge, BTL, Candela, Jeiyis, LRP, Prolenium, Revance, Scientis Speakers' Bureau: BTL, Candela, Alastin, Scientis

Lilly-Rose Paraskevas MD No financial relationships to disclose.

Lindsay Bright No financial relationships to disclose.

Marianna Blyumin-Karasik MD Consulting Fees (e.g. Advisory Board): Advisory Board of Topical Skin Employee / Owner: Co-Founder and Clinical Director Precision Skin & Body Institute, Founder CEO of Stamina Cosmetics Honorarium: Xtresse, Candela Medical

Martha Viera MD Consulting Fees (e.g. Advisory Board): Sofwave, Fotona, Neogenesis, Avene Employee / Owner: Martha Viera

Melissa Grill-Petersen DC MS BCHH Consulting Fees (e.g. Advisory Board): Vesalius Longevity Labs, Fullmetrics, and Smart Cities Council Employee / Owner/Co Owner: Catalyst Group Ownership Interest / Stock Holder: Vesalius Longevity Labs

Rob Ayoup MD No financial relationships to disclose.

Sheila Farhang MD Consulting Fees (e.g. Advisory Board) Merz KOL, Cutera KOL, Inmode KOL, Aura KOL

Wendy Pickett RN CEO CAI BS No financial relationships to disclose.

Valerie A Stern DMSc MPAS PA-C Honorarium: LearnSkin DCIE program Director

The content managers reported the following financial relationships with commercial interests whose products or services may be mentioned in this activity:

Name of Content Manager	Reported Financial Relationship
Venita Sivamani	LearnHealth Inc. Stockholder
MER Content Manager	No financial relationships to disclose.

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