

### **VIRTUAL EVENT**

Sessions are located in the Agenda tab.

### **TUCSON, ARIZONA**

- Sessions are located in Presidio Ballroom
- Poster presentations are located in the Turquoise Ballroom
- Meals are served in the foyer or Turquoise Ballroom
- Check-In begins on Thursday, August 21 at 12:00 PM MST

### **TARGET AUDIENCE**

This live symposium is designed to meet the educational needs of: Acupuncturists, Advanced Practice and Registered Nurses, Ayurveda Practitioners, Chiropractors, Dermatologists, Family Practice Physicians, Internists, Licensed Herbalists, Naturopathic Doctors, Nutrition Specialists, Osteopathic Doctors, Pediatricians, Physicians, Physician Assistants

### **GOAL & PURPOSE**

The annual Integrative Dermatology Symposium brings together practitioners from across disciplines with a shared mission: to reimagine the way we understand and treat skin. This dynamic gathering explores emerging trends, innovative therapies, and practical approaches that elevate dermatologic care. Together, we are building a community of forward-thinking clinicians dedicated to advancing the field and transforming patient outcomes.

### Need Help?

Reach out to us at info@learnskin.com for support with login or certificate access.

This Activity is Supported by Independent Educational Grants from Abbvie, Amgen, Almirall, Arcutis, Lilly, and Pfizer

### **CLAIM CME/CE CREDITS**

Earn credits for your participation at IDS 2025! Whether you joined us in person or virtually, you can access your CE/CME certificate through LearnSkin in just a few simple steps:



### Log In to LearnSkin

Log in to your LearnSkin account. If you did not sign-up on your own, one was created for you. Use your conference registration email and enter the password, learnskin (all lowercase). Use the "Forgot Password" link in case you need to reset your password.

Once logged in, go to the IDS recording course. Click the "Start Course" button and access the session recordings and handouts.

View Lectures Here



### Complete the Evaluation

Find the evaluation for your session set and click "Start Course" to begin. Each session set requires its own evaluation.

Virtual Session Set 1
Equity, Culture & the Practitioner

View Set 1 Here

Virtual Session Set 2
 Whole-Person Dermatology: From Consultation to Care Plan

View Set 2 Here

Virtual Session Set 3 coming soon

View Set 3 Here

In-Person Session (IDS 2025)
 August 21-24, 2025

View Agenda Here



### **Download Your Certificate**

Once your evaluation is complete, your CE/CME certificate will be available to download instantly and will be stored in your LearnSkin profile for future access.

# DAY ONE

**THURSDAY, AUGUST 21, 2025** 

1:50 PM - 2:00 PM MST

Presidio Ballroom

Welcome to IDS 2025!

Hadar Lev-Tov, MD MAS; Steve Daveluy, MD

2:00 PM - 2:30 PM MST

Presidio Ballroom

The Gut-Skin Axis in Inflammatory Dermatoses: Clinical Applications of Microbiome Science

Sonal Choudhary, MD

2:30 PM - 3:00 PM MST

Presidio Ballroom

Integrative Aesthetic Strategies for the Changing Face of Weight Loss: Ozempic and Beyond

🦴 Martha Viera, MD

3:00 PM - 3:30 PM MST

Presidio Ballroom

Raging Hormones, Radiant Skin: The Mic Falls Here!

Sahar Swidan, PHARM.D., ABAAHP, FAARFM, FACA

3:30 PM - 4:00 PM MST

Foyer

Break (NON-CME)

4:00 PM - 4:30 PM MST

Presidio Ballroom

Clinical Case Review and Interactive Discussions

Weight Loss- GLP1 (NON-CME)

Raja Sivamani, MD MS AP

Supported by Pendulum and IMAGE SkinCare

4:30 PM - 5:00 PM MST

Presidio Ballroom

From Plate to Practice: Protein-Rich Recipes and Strategies for Patients Undergoing Weight Loss (NON-CME)

Chef Kimber Dean; Raja Sivamani, MD MS AP

5:00 PM -5:30 PM MST

Foyer

Break (NON-CME)

5:30 PM - 6:30 PM MST

Presidio Ballroom

Psoriasis and Obesity: Going Pound for Pound on

Comprehensive, Patient-Centered Management

Sayme Almandoz, MD Daniel C. Butler, MD and Benjamin Ungar, MD

Supported by an Independent Educational Grant from Lilly

7:00 PM - 8:30 PM MST

Poolside Courtyard

Welcome Reception (NON-CME)

Sponsored by LEO Pharma

### DAY TWC

FRIDAY, AUGUST 22, 2025

6:15 AM - 7:00 AM MST

Sunset Point

Tai Chi Fitness Activity (NON-CME)

Instructor: Kristy Harvey

Sponsored by Physica Energetics

7:30 AM - 8:00 AM MST

Foyer

Break (NON-CME)

8:00 AM - 8:30 AM MST

Presidio Ballroom

Mild to Moderate Atopic Dermatitis: Burden of Disease and

a Topical Pathway for JAK Inhibition

Product Theatre Breakfast (NON-CME)

Peter Lio, MD

Sponsored by Incyte

8:30 AM - 9:00 AM MST

Foyer

Break (NON-CME)

9:00 AM - 9:30 AM MST

Presidio Ballroom

Topical Steroid Withdrawal - Myth or Fact?

> Vivian Shi, MD, FAAD

9:30 AM - 10:00 AM MST

Presidio Ballroom

Pigmentary Disorders Update

Seemal Desai, MD FAAD

10:00 AM - 11:00 AM MST

Turquoise Ballroom

Morning Exhibit Hall Break (NON-CME)

Sponsored by SUN Pharma

11:00 AM - 11:10 AM MST

Presidio Ballroom

Breathing/Stretch Exercise/Announcements

(NON-CME)

### 11:10 AM - 12:00 PM MST

Presidio Ballroom

Clinical Case Review and Interactive Discussions - Atopic

Dermatitis and Psoriasis (NON-CME)

Raja Sivamani, MD MS AP

Supported by Phothera

12:00 PM - 1:00 PM MST

Presidio Ballroom

Safeguarding Wealth: Lawsuit Prevention and Tax Strategies

Product Theatre Lunch (NON-CME)

SGary Harker

Sponsored by Legally Mine

1:00 PM - 1:30 PM MST

Turquoise Ballroom

Exhibit Hall Break (NON-CME)

1:30 PM - 2:30 PM MST

Presidio Ballroom

An Integrative Approach to Eczema Panel

Moderator: Peter Lio, MD

Panelists: Sarina Elmariah, MD PhD MPH;

Elizabeth Swanson, MD; Michael Traub, ND

2:30 PM - 3:00 PM MST

Presidio Ballroom

Whealing and Dealing with Chronic Spontaneous Urticaria

Sarina Elmariah, MD PhD MPH

3:00 PM - 3:30 PM MST

Presidio Ballroom

What's the Big Deal: The Impact of Anti-Obesity Treatments

on Psoriasis

S Jennifer Soung, MD

# DAY TWC

**FRIDAY, AUGUST 22** 

# DAY THREE

SATURDAY, AUGUST 23, 2025

3:30 PM - 4:30 PM MST

Turquoise Ballroom

Afternoon Exhibit Hall Break & Poster Presentations (NON-CME)

4:00 PM - 4:15 PM MST

Turquoise Ballroom

Product Spotlight (NON-CME)

Rubaina Dang, ND

Sponsored by Skinesa

4:30 PM - 5:30 PM MST

Presidio Ballroom

Clinical Case Review and Interactive Discussions -

Hair Health (NON-CME)

Raja Sivamani, MD MS AP

Supported by NeoGenesis and Nutrafol

5:30 PM - 6:00 PM MST

Foyer

Break (NON-CME)

6:00 PM - 6:30 PM MST

Presidio Ballroom

SECRETOME: REIMAGINING DERMATOLOGY CARE

Treating Dermatology Patients with a Systems Therapeutic, NeoGenesis SRM Technology - Product Theatre Dinner (NON-CME)

Greg Maguire, PhD; Martha Viera, MD; Stephen Lewellis, MD PhD FAAD; Valerie Stern, DMSc MPAS, PA-C

Sponsored by NeoGenesis

6:30 PM - 7:00 PM MST

Foyer

Break (NON-CME)

7:00 PM - 8:30 PM MST

Last Territory

Integrate and Inspire Reception (NON-CME) Sponsored by Johnson and Johnson

6:15 AM - 7:00 AM MST

Main pool

Aqua Aerobics Fitness Activity (NON-CME)

Instructor: Sarah Kurker

7:30 AM - 8:00 AM MST

Foyer

Break (NON-CME)

8:00 AM - 8:30 AM MST

Presidio Ballroom

CuralysMD<sup>TM</sup>: A Trimodal Topical Therapy Targeting Inflammation, Barrier Dysfunction and Microbial Imbalance in Eczema Product Theatre Breakfast (NON-CME)

Raia Sivamani, MD MS AP

Sponsored by CuralysMD Dermaceuticals

8:30 AM - 9:00 AM MST

Foyer

Break (NON-CME)

9:00 AM - 10:00 AM MST

Presidio Ballroom

Clinical Case Review and Interactive Discussions - Aging

Skin and Post-Procedure Care (NON-CME)

Raja Sivamani, MD MS AP

Supported by Blissoma and NeoGenesis

10:00 AM - 11:00 AM MST

Turquoise Ballroom

Morning Break & Poster Presentations (NON-CME)

10:30 AM - 10:50 AM MST

Turquoise Ballroom

Sponsored Product Spotlight (NON-CME)

Neal Bhatia, MD

Sponsored by SUN Pharma

11:00 AM - 11:30 AM MST

Presidio Ballroom

What's New in Rosacea 2025

Neal Bhatia, MD

# **DAY THREE**

**SATURDAY, AUGUST 23** 

11:30 AM - 12:00 PM MST

Presidio Ballroom

Vitiligo: Integrative Approaches to Evaluation and Treatment

Nada Elbuluk, MD MSc FAAD

12:00 PM - 12:30 PM MST

Turquoise Ballroom

Exhibit Hall Break (NON-CME)

12:30 PM - 1:00 PM MST

Presidio Ballroom

Explore EBGLYSS®(lebrikizumab-lbkz): See How EBGLYSS

Can Leave a Lasting Impression Product Theatre Lunch

Product Theatre Lunch (NON-CME)

⇔ Edward (Ted) Lain, MD, MBA

Sponsored by Lilly

1:00 PM - 2:00 PM MST

Foyer

Break (NON-CME)

1:30 PM - 2:00 PM

Turquoise Ballroom

Final Exhibit Hall Break (NON-CME)

2:00 PM - 2:30 PM MST

Presidio Ballroom

Qi, Circulation, and Skin Health: Movement as

Medicine in TCM

2:30 PM - 3:00 PM MST

Presidio Ballroom

Cocoa in Skincare

> Zoe Diana Draelos, MD

3:00 PM - 3:30 PM MST

Presidio Ballroom

From Bean to Beauty: The Cocoa Journey (NON-CME)

Adriana Cruz, MD

3:30 PM - 3:45 PM MST

Foyer

Break (NON-CME)

3:45 PM - 4:45 PM MST

Presidio Ballroom

Clinical Case Review and Interactive Discussions - Acne

(NON-CME)

Raja Sivamani, MD MS AP

Supported by Nutrafol

4:45 PM - 5:15 PM MST

Presidio Ballroom

Laughter Yoga (NON-CME)

Meena Julapalli, MD

5:15 PM - 5:30 PM MST

Foyer

Break (NON-CME)

5:30 PM - 6:00 PM MST

Presidio Ballroom

ZORYVE® (roflumilast): Discover a New Option in Topical

Treatment Dinner Product Theatre (NON-CME)

Elizabeth Swanson, MD

Sponsored by Arcutis

6:00 PM - 6:30 PM MST

Presidio Ballroom

Q&A and Networking (NON-CME)

# DAY FOUR

**SUNDAY, AUGUST 24, 2025** 

7:00 AM - 7:30 AM MST Foyer

Breakfast (NON-CME)

7:30 AM - 8:00 AM MST

Presidio Ballroom

Type 2 Inflammation: The Common Thread in AD, PN, and CSU—Unraveling Itch and Disease Burden
Product Theatre Breakfast (NON-CME)

Sarina Elmariah, MD PhD MPH; David Cotter, MD, PhD

Sponsored by Sanofi Regeneron Advent

8:00 AM - 8:30 AM MST Foyer

Break (NON-CME)

8:30 AM - 9:00 AM MST

Presidio Ballroom

(0.5 CME)

Tipping the Scales: Integrative Approaches to Psoriasis

❖ Steven Daveluy, MD, FAAD

9:00 AM - 9:30 AM MST

Presidio Ballroom

(0.5 CME)

Molluscum! Everything You Wanted to Know and More! Elizabeth Swanson, MD

9:30 AM - 10:00 AM MST Foyer

Break (NON-CME)

10:00 AM - 10:30 AM MST

Presidio Ballroom

Exercise and HS

Hadar Lev-Tov, MD; David W Mandel, PT MSPT PhD

10:30 AM - 11:00 AM MST

Presidio Ballroom

Common Dermatological Manifestations of Gut Microbiome Imbalances

Rubaina Dang, ND

11:00 AM - 11:30 PM MST

Presidio Ballroom

Update on Alopecia Areata - An Integrative Perspective Apple Bodemer, MD

11:30 - 12:00 PM MST

Foyer

Break (NON-CME)

12:00-12:30 PM MST

Presidio Ballroom

Clinical and Real-World Photos on an Oral Treatment Option for Adults With Moderate-to-Severe Plaque Lunch Product Theatre (NON-CME)

Raja Sivamani, MD MS AP

Sponsored by Bristol Myers Squibb

12:30 PM - 1:00 PM MST

Foyer

Break

1:00 PM - 1:45 PM MST

Presidio Ballroom

Panel: Integrating Technology in Dermatology—Ultrasound, Glucose Monitoring, Wearables, and AI (DermGPT)

Moderator: Hadar

Panel: Sururat Coulibaly, PA-C; Manuel Valdebran, MD; Faranak Kamangar, MD

1:45 PM - 2:00 PM MST

Presidio Ballroom

Closing + Announcements (NON-CME)

### **ACCREDITATION STATEMENT**

In support of improving patient care, this activity has been planned and implemented by Medical Education Resources (MER) and LearnHealth. MER is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Earn up to 25 CME credits at IDS 2025 by completing 14 CME credits through pre-conference on-demand courses and 10 CME credits in person, plus 1 credit from the CEA-hosted session "Psoriasis and Obesity: Going Pound for Pound on Comprehensive, Patient-Centered Management" on August 21 at 5:30 PM.

The 2025 Integrative Dermatology Symposium is approved for 24 credits of continuing medical education (CME) by Medical Education Resources, Inc. 10 CME credits in person and access to an additional 14 CME credits online.



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Medical Education Resources designates this live activity for a maximum of 24 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

Medical Education Resources is a provider of continuing nursing education by the California Board of Registered Nursing, Provider #CEP 12299, for **24** contact hours.

### FOR NATUROPATHIC DOCTORS

The Integrative Dermatology Symposium is approved for **24 General credit(s)** of continuing education credits by the American Association of Naturopathic Physicians.

### FOR ACUPUNCTURISTS AND ORIENTAL MEDICINE PRACTITIONERS

The Integrative Dermatology Symposium is approved by the National Certification Commission for Acupuncture and Oriental Medicine for 24 PDA Points. NCCAOM® PDA Points Provider #9093.



### DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS

Name of Faculty	Reported Financial Relationship
Amy Branum AHP RH (AHG)	No financial relationships to disclose.
Audrey Rutherford MD FAAD	No financial relationships to disclose.
Apple Bodemer MD	Consulting Fees (e.g. Advisory Board) Codex Labs
Brian Morrison MD	No financial relationships to disclose.
David W Mandel PT MSPT PhD	No financial relationships to disclose.
Elizabeth Swanson MD	Consulting Fees: (e.g. Advisory Board) Abbvie Almirall, Alphyn, Arcutis, Boehringer Ingelheim, Castle, Dermavant, Galderma, Incyte, Johnson and Johnson, Leo, Lilly, Novan, Pfizer, Sanofi-Regeneron, Verrica Speakers' Bureau: Abbvie, Arcutis, Dermavant, Galderma, Incyte, Johnson and Johnson, Lilly, Pfizer, Sanofi-Regeneron, Verrica
Faranak Kamangar MD	No financial relationships to disclose.
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Martha Viera MD Honorarium: Sofwave

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No financial relationships to disclose.

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Nutritional Fundamentals for Health: Advisory

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Rubaina Dang ND No financial relationships to disclose.

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Name of Content Manager Reported Financial Relationship

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